







December 2017 Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3 10:30 PARC FIT Video (strength) -2nd floor Christmas Brunch with the Kringles 11am & 1pm	4 10:30 PARC FIT Video (Stretch) 2:00 Dance Class with Heather 2:00 Jokers are Wild 6:30 Girl Guides Pathfinders at Summerhill 6:45 Bridge	5 10:00 Hear at Home 10:30 PARC FIT Video 2:00 Needleworking Group 7:00 French Choir Concert	6 9:30-3 PARC FIT with Hiroe 10:30 PARC FIT Video 2:00 Creative Expressions Art A 'Crafty' Shoot for the Stars 2:00 Scrabble 2:45 Langley Glow Christmas 7:00 Bingo	7 10:30 PARC FIT with Danya 11-2 Pat Koonts Craft Sale 7:00 Newsletter Meeting with Samantha 7:15 Meditation with Betty	1 9:30 The Christmas Store at Potters and lunch at the Olive Garden 10:30 PARC FIT Video 1:30 Student Massages 7:00 Cribbage	2 10:30 Seated Yoga with Eleanor 2:30 St. Johns— Dog Visits with Juno
10 10:30 PARC FIT Video (strength) 1:15 Singing Christmas Tree 7:00 Inspirational Service with Chaplain Dan	11 9:30-3 PARC FIT with Hiroe 10:30 St. Edmunds Choir Performance 2:00 Jokers are Wild 6:45 Bridge	12 10:30 PARC FIT Video - Osteoporosis 2:00 Needleworking Group 5:00 Computer Lessons with Samantha	13 9:30-3 PARC FIT with Hiroe 2:00 Silver Harbour Choir Performance 2:00 Scrabble 6:00 Christmas Lights Bus Tour 7:00 Bingo	14 10:00 Footcare with Ruba 10:30 PARC FIT video 10:30 Lonsdale Quay Jennifer Lauren Lounge Music & Christmas Dinner 4:30 & 6:30	15 10:30 PARC FIT Video 10:30 Grey Matters with Danya -2nd floor Bistro 7:00 Cribbage	16 10:30 Seated Yoga with Eleanor 2:30 St. Johns— Dog Visits with Juno 7:00 Sinfonia— A Family Sinfonia Christmas
17 10:30 PARC FIT Video (strength) 2:00 Newsletter Meeting with Samantha	18 9:30-3 PARC FIT with Hiroe 10:30 PARC FIT Video (Stretch) 2:00 Birthday Party with Robyn McCorquodale 3:15 Jokers are Wild 6:45 Bridge	19 10:30 PARC FIT Video 2:00 Needleworking Group 2:30 Resident and Staff Party 6:00 Christmas Lights Bus Tour 7:00 Inspirational Service with Chaplain Dan	20 9:30-3 PARC FIT with Hiroe 10:30 PARC FIT Video 1:00 Carda Creations 1:30 Calendar Update Meeting & Program Feedback 2:00 Scrabble	21 10:30 PARC FIT video 1:30 Capilano Mall Trip 3:30 Social Hour with John Cronin 6:30 St. Edmunds Concert 7:15 Meditation with Betty	22 10:30 PARC FIT Video—Brain 7:00 Cribbage 7:00 Movie—Video The Bishops Wife	23 10:30 PARC FIT Video (Stretch) 2:00 Harp Christmas Carols Sing-a-long with Camille
24 10:30 PARC FIT Video (strength) 3:30 Christmas Eve Caroling with the Revelers	25 MERRY CHRISTMAS 2:00 Movie—Video Miracle on 34th Street 	26 BOXING DAY 10:30 PARC FIT Video—Osteoporosis 2:00 Needleworking Group	27 9:30-3 PARC FIT with Hiroe 10:30 PARC FIT Video 2:00 Scrabble 7:00 Bingo	28 10:30 PARC FIT video 2:00 Scrabble 7:15 Meditation with Betty	29 10:30 PARC FIT Video 10:30 Grey Matters with Danya—2nd Floor Bistro 7:00 Cribbage	30 2:30 The Summerhill Book Club Meeting 7:00 Movie—Netflix How to Marry a Millionaire
31 10:30 PARC FIT Video (strength) 4:45-6:45 New Years Eve Open Seating Buffet Dinner with Entertainment by Brian Gimbel						CALENDAR PROGRAMMING LEGEND Bus Trips - RED 1st Floor Programs- BLUE 2nd Floor Programs-BLACK