

JUNE 2017 Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CALENDAR PROGRAMMING</p> <p>LEGEND</p> <p>Bus Trips - RED</p> <p>1st Floor Programs- BLUE</p> <p>2nd Floor Programs-BLACK</p>				<p>1</p> <p>11:00 Grade 7 students from Alcuin College Music Class Celebration</p> <p>3:00 Ted Talks—TV Room</p> <p>7:15 Meditation with Betty</p>	<p>2</p> <p>10:30 PARC FIT Video</p> <p>10:30 Grey Matters</p> <p>10:00 Morning Scenic Drive</p> <p>1:30 Spa Utopia Massages</p> <p>2:00 Shana White Performance</p> <p>7:00 Cribbage</p> <p>7:00 Ananda Meditation</p>	<p>3</p> <p>10:30 PARC FIT Video</p> <p>1:30 Bursting with Broadway "Taking a Shot at Broadway"- Centennial Theatre</p> <p>2:30 St. Johns— Dog Visits with Juno</p> <p>2:30 The Summerhill Book Club Meeting</p>
<p>4</p> <p>10:00 Sharpen your Cribbage Skills with Harry</p> <p>10:30 PARC FIT Video (strength)</p> <p>2:00 Newsletter Meeting with Samantha</p>	<p>5</p> <p>10-3:30 PARC FIT with Hiroe</p> <p>10:30 PARC FIT Video (Stretch)</p> <p>2:00 Jokers are Wild</p> <p>7:00 Bridge</p>	<p>6</p> <p>10:00 Hear at Home</p> <p>10:00 Foot Care with Fay</p> <p>10:30 PARC FIT Video</p> <p>10:00 Walk and Picnic Lunch at Deer Lake</p> <p>2:00 Needleworking Group</p> <p>7:00 Inspirational Service with Chaplain Dan</p>	<p>7</p> <p>10-3:30 PARC FIT with Hiroe</p> <p>10:30 PARC FIT Video</p> <p>2:00 Scrabble</p> <p>3:00 Kitchen Tour</p> <p>7:00 Bingo</p>	<p>8</p> <p>9:00 "Soul Food" with Shidan</p> <p>10:30 PARC FIT Video</p> <p>10:00 Casino Trip—Hard Rock</p> <p>7:15 Meditation with Betty</p>	<p>9</p> <p>10:30 PARC FIT Video</p> <p>1:30 Spa Utopia Massages</p> <p>7:00 Cribbage</p>	<p>10</p> <p>10:30 Seated Yoga with Eleanor</p> <p>2:30 St. Johns— Dog Visits with Juno</p>
<p>11</p> <p>10:00 Sharpen your Cribbage Skills with Harry</p> <p>10:30 PARC FIT Video (strength)</p> <p>2:00 Camille Harp Entertainment</p>	<p>12</p> <p>10-3:30 PARC FIT with Hiroe</p> <p>10:30 PARC FIT Video (Stretch)</p> <p>2:00 Birthday Party with Bob York & the Yorkettes</p> <p>3:15 Jokers are Wild</p> <p>5-7 Girl Guide Cookie Sale</p> <p>7:00 Bridge</p>	<p>13</p> <p>10:30 PARC FIT Walking Club</p> <p>2:30 The Summerhill Resident Update Meeting</p> <p>2:00 Needleworking Group</p>	<p>14</p> <p>10-3:30 PARC FIT with Hiroe</p> <p>Summerhill IL + Event with Dr. Glo</p> <p>2:00 Scrabble</p> <p>7:00 Bingo</p>	<p>15</p> <p>10-2—Pat Koonts Crafts Sale</p> <p>10:30 PARC FIT with Danya</p> <p>1:30 Movie—Guys and Dolls TV Room</p> <p>7:15 Meditation with Betty</p>	<p>16</p> <p>9:30 Capilano/Park Royal Mall Trip</p> <p>10:30 PARC FIT Video</p> <p>1:00 Capilano Mall Trip</p> <p>1:30 Spa Utopia Massages</p> <p>7:00 Cribbage</p> <p>7:00 Ananda Meditation with Lara</p>	<p>17</p> <p>10:30 PARC FIT Video</p> <p>2:30 St. Johns— Dog Visits with Juno</p>
<p>18</p> <p>10:00 Sharpen your Cribbage Skills with Harry</p> <p>10:30 PARC FIT Video (strength)</p> <p>2:00 Deep Cove Jazz Band</p> <p>HAPPY FATHERS DAY</p>	<p>19</p> <p>9:30 Britannia Mine Museum/ Lunch at Porteau Cove</p> <p>10-3:30 PARC FIT with Hiroe</p> <p>10:30 PARC FIT Video (Stretch)</p> <p>2:00 Jokers are Wild</p> <p>7:00 Bridge</p>	<p>20</p> <p>10:30 PARC FIT Walking Club</p> <p>11:30-1:00 Kick off to Summer BBQ Lunch</p> <p>2:00 Needleworking Group</p>	<p>21</p> <p>10-3:30 PARC FIT with Hiroe</p> <p>10:30 PARC FIT Video</p> <p>2:00 Scrabble</p> <p>7:00 Bingo</p> <p>First Day of Summer </p>	<p>22</p> <p>9:00 "Soul Food" with Shidan</p> <p>10:30 PARC FIT with Danya</p> <p>1:00 Afternoon Scenic Drive</p> <p>3:30 Social Hour—John Cronin</p> <p>7:15 Meditation with Betty</p>	<p>23</p> <p>10:30 PARC FIT Video</p> <p>11:00 Calendar Update Meeting</p> <p>1:30 Spa Utopia Massages</p> <p>4:45 'Swing into Summer' with music from the 20's, 30's & 40's by the Saul Berson Trio</p> <p>Open Seating Dinner</p>	<p>24</p> <p>10:30 Seated Yoga with Eleanor</p> <p>2:30 The Summerhill Book Club Meeting</p>
<p>25</p> <p>10:00 Sharpen your Cribbage Skills with Harry</p> <p>10:30 PARC FIT Video (strength)</p> <p>2:00 Newsletter Meeting with Samantha</p>	<p>26</p> <p>10-3:30 PARC FIT with Hiroe</p> <p>10:30 PARC FIT Video (Stretch)</p> <p>2:00 Jokers are Wild</p> <p>7:00 Bridge</p>	<p>27</p> <p>10:30 PARC FIT video</p> <p>10:15 Casino Trip—with Cedar Springs and Westerleigh</p> <p>2:00 Needleworking Group</p> <p>7:00 Inspirational Service with Chaplain Dan</p>	<p>28</p> <p>10-3:30 PARC FIT with Hiroe</p> <p>10:30 PARC FIT Video</p> <p>2:00 Scrabble</p> <p>7:00 Bingo</p>	<p>29</p> <p>10:30 PARC FIT Video</p> <p>10:00 Trev Deeley Museum and Picnic at Central Park</p> <p>2:00 Scrabble</p> <p>3:30 Social Hour—Canada Trivia</p> <p>7:15 Meditation with Betty</p>	<p>30</p> <p>10:30 Grey Matters with Danya</p> <p>2:00 Scrabble</p> <p>2:00—Decorate Bus for Canada Day Parade</p> <p>7:00 Cribbage</p>	