



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Easter Sunday 10:00 All Games (BI) 1:00 Computers Zijun (BC) 2:00 Bean Bag Toss (FR) 7:15 Movie Night (FR) 7:15 Whist (BI)	2 Easter Monday 9:30 - 2 Bus Shuttle 10:00 Steady Steps Mylene 2:15 Chair Yoga (FR) 7:15 Bingo (FR)	3 Bus Sign up Day 7:00 PARC Fit Strength 10:00 Chicken Ft Domino's (Bi) 10:00 Mulberry Art Mylene (FR) 2:15 Chair Volleyball (FR) 7:15 The Crown Series (FR) 7:15 Rummoli (BI)	4 MILK PICK UP DAY 9:30 Mulberry Art Con't (Bi) 10:00 Steady Steps Mylene 2:15 Resident Meeting (FR) 7:15 Bridge (BI) 7:30 Inspirational Time (FR)	5 7:00 PARC Fit Strength 9:30-2 Bus Shuttle 9:30 Garden Club (Bi) 12:15 Tea & Trumpets "The Magic of Dance" 2:15 Knitting-For-A-Cause 3:45 Skip- Bo (BI)	6 7:00 PARC Fit Strength 10:00 Stretch & Relax Hiroe 2:15 Bingo (FR) 4:00 WWII Doc. Series (FR) 7:15 Cribbage (BI)	7 Footcare with Ruba 10:00 Fitness DVD (FR) 10-12 Tech Easy Support (BC) 2:00 Bean Bag Toss (FR) 7:15 Movie Night TBA (FR) 7:15 Yahtzee (BI)
8 10:00 All Games (BI) 1:00 Computers Zijun (BC) 2:00 Beginners Bridge (BI) 7:15 Movie Night (FR) 7:15 Whist (BI)	9 9:30 - 2 Bus Shuttle 2:30 ~ 6 Al Nick's Family Celebration (FR) No Bingo Tonight	10 7:00 PARC Fit Open Gym 10:00 Steady Steps Mylene 10:00 Chicken Ft Domino's (Bi) 2:15 Chair Volleyball (FR) 7:15 The Crown Series (FR) 7:15 Rummoli (BI)	11 MILK PICK UP DAY 10:00 Steady Steps Mylene 2:15 Gardenworks talk w/ Carole (FR) 7:15 Bridge (BI)	12 7:00 PARC Fit Open Gym 9:30 - 2 Bus Shuttle 10:00 Coffee Chat w/ Ray 2:15 Knitting-For-A-Cause 3:45 Skip- Bo (BI)	13 7:00 PARC Fit Open Gym 10:00 Mulberry Singers (FR) 2:15 Bingo (FR) 4:30 Piano with Edward (LO) 4:30 Champagne tasting (LO) 7:15 Cribbage (BI)	14 9:15 Scenic Drive w/ Tony 10:00 Fitness DVD (FR) 10-12 Tech Easy Support (BC) 2:00 Bean Bag Toss (FR) 7:15 Movie Night TBA (FR) 7:15 Yahtzee (BI)
15 10:00 All Games (BI) 11:00 Lunch & walk at Steveston Ichiro Japanese Restaurant 1:00 Computers Zijun (BC) 2:15 Anglican Church (FR) 7:15 Movie Night (FR) 7:15 Whist (BI)	16 9:30 - 2 Bus Shuttle 10:00 Steady Steps Mylene 2:15 Chair Yoga (FR) 3:15 Artful greeting cards with Courtney (FR) 7:15 Bingo (FR)	17 7:00 PARC Fit Open Gym 10:00 Chicken Ft Domino's (Bi) 2:15 Volunteer Appreciation Tea & social w/ Allison Berry (FR) 7:15 The Crown Series (FR)	18 MILK PICK UP DAY 10:00 Steady Steps Mylene 3:30 Mulberry Crafting (FR) 7:15 Bridge (BI) 7:30 Inspirational Time (FR)	19 7:00 PARC Fit open Gym 9:30 - 2 Bus Shuttle 10:00 Chronic Diseases Presentation by COSCO (FR) 2:15 Knitting-For-A-Cause (FR) 7:15 Spring Fling Mix with Suede Dogs entertainment	20 7:00 PARC Fit Open Gym 11:30 Burnaby Lake Picnic, Piper's spit & bird watching 2:15 Bingo (FR) 7:15 Cribbage (BI)	21 Footcare with Ruba 10:00 Fitness DVD (FR) 10-12 Tech Easy Support (BC) 2:00 Bean Bag Toss (FR) 7:15 Movie Night TBA (FR) 7:15 Yahtzee (BI)
22 9:30 Manicures/pedicures w/ Mojo Mobile Spa 10:00 All Games (BI) 1:00 Computers w/ Zijun (BC) 7:15 Movie Night (FR) 7:15 Whist (BI)	23 9:30 - 2 Bus Shuttle 10:00 Steady Steps Mylene 2:15 Chair Yoga (FR) 3:00 iPad Group (FR) 7:15 Bingo (FR)	24 7:00 PARC Fit Strength 10:00 Chicken Ft Domino's (Bi) 11-3:00 Fashion Closet (FR) 7:15 The Crown Series (FR) 7:15 Rummoli (BI)	25 MILK PICK UP DAY 10:00 Steady Steps Mylene 2:15 Birthday Party w/ Brian Gimbel Captain's Table & Elegant Dinning 4:45 Bridge (BI) 7:15 Bridge (BI)	26 7:00 PARC Fit Strength 9:30 - 2 Bus Shuttle 10:00 Library visit (FR) 11:00 Tulips Festival & Picnic 2:15 Knitting-For-A-Cause 3:45 Skip- Bo (BI)	27 7:00 PARC Fit Strength 10:00 Mulberry Singers (FR) 2:15 SUPER Bingo (FR) 4:30 Piano with Edward (LO) 7:15 All new Games Night interactive play with Barb & John * Drink Special *	28 9:30 Gift Crafts w/ Lori 10-12 Tech Easy Support (BC) 2:00 Bean Bag Toss (FR) 7:15 Movie Night TBA (FR) 7:15 Yahtzee (BI)
29 10:00 All Games (BI) 1:00 Computers w/ Zijun (BC) 1:30 Hard Rock Casino 7:15 Movie Night (FR) 7:15 Whist (BI)	30 9:30 - 2 Bus Shuttle 10:00 Steady Steps Mylene 2:15 New Resident Meeting 2:15 Chair yoga (FR) 4:00 Art & Wine w/ Bozena 7:15 Bingo (FR)		Bus Trip & Shuttle service Look for this symbol 	April is Cancer, IBS, Parkinson Awareness Month, National Dental Hygienists, Immunization and Volunteer Week as well.	ROOM KEY BC = BUSINESS CENTRE BI = BISTRO LI = LIBRARY FR = FRASER ROOM LL = LOUGHEED LOUNGE LO = LOBBY RR = FITNESS ROOM	Hair Salon with Anna Massage with Tanner Footcare with Ruba Manicures/Pedicures with Mojo Mobile Spa Book your appointments at the front desk